

Hello, I hope you all had a lovely week, and enjoyed having a go at last weeks RE lesson about pilgrimage. I enjoyed practicing last week's mindfulness technique!

This week we are looking at another important pilgrimage. However, this week we will learn about the Islamic Pilgrimage Hajj to Mecca, Saudi Arabia. They make this journey at least once in their lifetime, as part of the five pillars of Islam.

Now you have your login and passwords for the Microsoft Stream video learning, you can find a video for this lesson which you may prefer watching.

Search for:

Name: Year 5 and 6 - R.E. - PCJS

Description: Objective - I understand the role of pilgrimage in Islam.

Can you remember what a pilgrimage is?



A pilgrimage is a journey, usually a long one for many people, to a special place that is important for religious reasons.

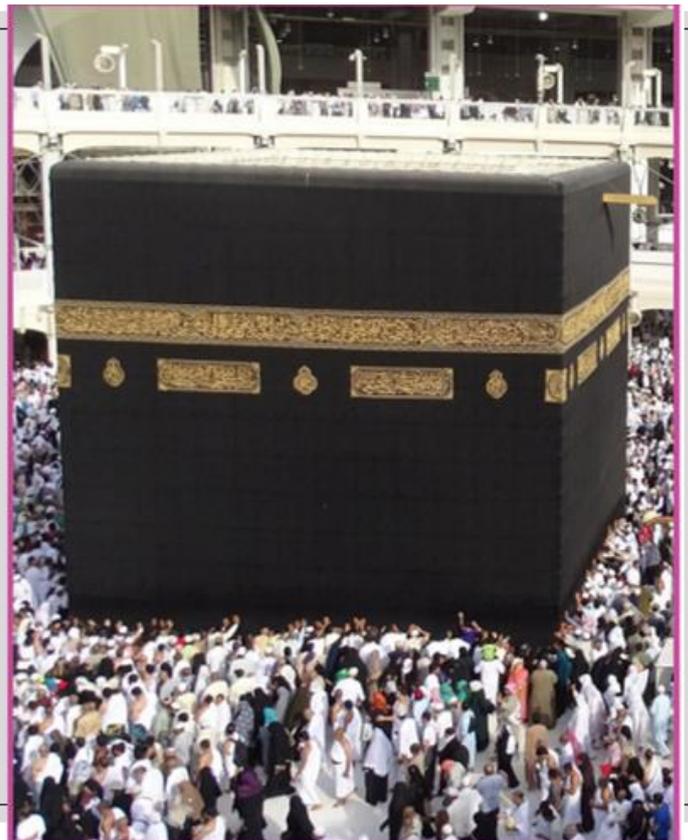
Look Closely.....

What are the people doing?

Where do you think the people are?

Do you think this event is religious? If so, why?

Point to the most important part of the picture?
Why did you choose this?



Learning Objective: I understand the role of pilgrimage in Islam.

I can explain what Muslims believe about pilgrimages.

I can answer questions about the significance of Hajj.

Have a go at marking on the map where a Buddhist Pilgrimage takes place (take a look at your work from last week). Then have a go at finding Saudi Arabia, where the Islamic pilgrimages take place.



Check
your
answers
below!

Why Muslims make the pilgrimage to Mecca.

According to the Quran, elements of Hajj trace back to the time of Abraham, around 2000BC.

According to Islamic tradition, Abraham was ordered by God to leave his wife, Hagar, and his son, Ishmael, alone in the desert of ancient Mecca.

In search of water, Hagar desperately ran seven times between the two hills of Safa and Marwah but found none.

Returning in despair to Ishmael, she saw the baby scratching the ground with his leg and a water fountain sprang forth underneath his foot.

Later, Abraham was commanded to build the Ka'bah here (which he did with the help of Ishmael) and to invite people to perform pilgrimage there.

Please now follow the link to a video about Hajj and the different rituals involved. Have a think about how this is different or similar to Buddhist pilgrimage.

<https://www.bbc.co.uk/teach/class-clips-video/what-is-hajj/zndfcqt>

Read the passage from
The Qur'an and answer
the questions.

If you get stuck with the
meaning of some of the
words....go to the word
bank for some help!

'Pilgrimage to the House is a duty owed to
God by people who are able to undertake it.'

Qur'an 3:97



What is meant by 'duty'?

Should pilgrimage be a religious duty?

What does the word 'House' in this scripture
make you think of?

Do you think Hajj is a command for all people to
follow? Give reasons for your answer.

Would you like to partake in this journey?
Give reason for your answer.

How might a Muslim feel when reading this
scripture?

Why is Hajj a duty **owed** to God? Are people in
debt to God? Give reasons for your answer.

Word bank

Owed - when something must be returned or due to someone else (I am **owed** £20 for an hour's work).

Debt - When you have a responsibility or duty to someone else (you owe something, e.g. I am in **debt** of £200 or when somebody saves a person's life, they may feel in **debt** to them for the rest of their life).

Duty - You have an obligation or responsibility to someone else. (It is police officers' **duty** to keep the public safe).

Partake - Take part in something.

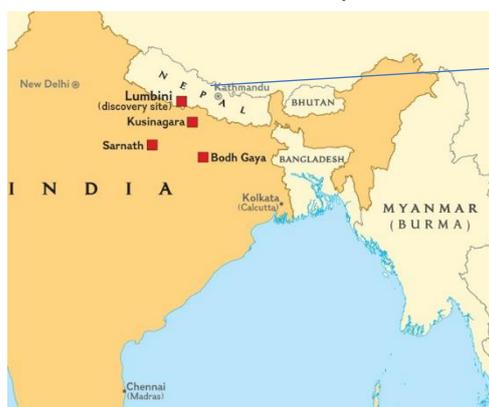
Command - An order or instruction.

Answers



Buddhist Places of Pilgrimage

Northern India and Nepal.



Meditation



Meditation is a way Buddhists can clear their minds and relax, part of the Eightfold Path. So is the right mindfulness.

Mindfulness is useful for adults and children, it is paying attention and noticing what is around you as well as your thoughts and feelings. It helps to cope with big emotions and challenging experiences.

Each week instead of a whole meditation session, I will ask you to practice one mindfulness technique.

6. Embrace music – *to switch up your mood*



Harness the mood boosting power of music by making your own playlists – one that helps you feel peaceful, one to help you focus and another to give you a feel-good hit. A good old sing always lifts the spirits, too.

I hope you enjoyed the lesson 😊

Next week will be the last R.E lesson before the summer holiday! You will think about special journeys you have been on and design your own pilgrimage.

Have a lovely week and remember to have a go at the new mindfulness technique, if you can't make your own playlist, just listen to your favourite music instead! Mrs Hunter-Howard

I used to make playlists when I was little! I used a cassette recorder! Even though we have moved on with technology, it remains great fun!