

Short Breaks Questions

The purpose of a short break is to allow parents and carers to have a break from their caring role and to provide a positive experience for children and young people. A short break is anything between an hour to an overnight stay. This could be provided through a universal sports group, a uniform group (e.g. Cadets, Guides), a direct payment, a personal budget, FASP Payment, one to one support or an overnight stay in a residential provision or within a special school.

East Riding of Yorkshire Council are trying to gain information about why children, young people, parents and carers would like a short break and their idea of a short break. We are hoping you could answer the following five questions.

1. What type of special educational need or disability does your child have?

2. What age is your child?

3. Why would you like a short break? (please tick all that apply)

- To provide a break from my caring role
- To allow me to spend time with my other child(ren)
- To allow me to spend time with my partner
- To allow my child to access positive experiences independently
- Other (please state)

4. What is your idea of a short break? (please tick all that apply)

a. Day Short Break

- Mainstream clubs, e.g. football, uniform groups, performing groups, etc.
- Specialist clubs – e.g. disability football, youth groups, etc.
- One to One worker
- Family sessions
- Other (please state)